

ALPINE PROGRAM GUIDE 2023-2024



THE GEORGIAN PEAKS CLUB

IMPORTANT INFORMATION!

To register for Alpine Programs, visit: [www.georgianpeaks.com/Alpine Programs](http://www.georgianpeaks.com/Alpine_Programs)

Registration: *Deadline November 1.* Late registrations are subject to an additional 10% fee. Registrations received less than 48 hours prior to the start of the program are subject to an admin fee of an additional 10% and subject to availability. If we can accommodate a late registration, it is possible that the participant may not be able to join the program until the afternoon or the following day as we require time to process the late registration and rearrange groups and staff assignments accordingly to ensure proper ratios and group dynamics are maintained. No pro-rating will be offered.

Payment Methods: Program registrations cannot be charged to Club accounts. Payment must accompany registration. Payments can be made by cheque, cash, e-transfer or online banking. Credit card payments are accepted and subject to a 2% convenience fee.

Program Credit Policy: Credits (not refunds) will be issued and applied to Club accounts for any participants who withdraw from an Alpine Program, for whatever reason. In certain circumstances, when determining potential program credits, the Alpine Program Director will determine both fixed and variable costs for the season. For “fixed costs”, no credit will be given. For unused “variable costs”, credit will be determined based on circumstance and timing of withdrawal from program. Exceptions to this policy will only be made by the Alpine Program Director and/or the Alpine Committee.

- **Camps:** To qualify for a credit, written notice of withdrawal must be received by alpine@georgianpeaks.com 24 hours prior to commencement of the camp. If notification occurs up to 24 hours prior to the start of the camp, full credit will be given. If notification occurs less than 24 hours prior to the start of camp, no credit will be given.
- **Regular Season Programs:** To qualify for a credit, alpine@georgianpeaks.com must be notified in writing immediately if a withdrawal occurs. If notification occurs up to 48 hours prior to the start of the program, full credit will be given. If notification occurs between 48 hours prior to the start of the program and before the end of the second weekend of the program, the participant will receive a 50% credit. If notification occurs any time after the end of the second weekend of the program, no credit will be given.

Please Note:

- All Alpine Programs are based on participant age as of December 31, 2023.
- Program times may be subject to change.
- All Private Lessons are subject to HST. All Alpine Program participants age 15 or older as of December 31, 2023 are subject to HST.
- The Club reserves the right to cancel a program if the registration level does not cover the cost of the program.

Questions? Please contact the Alpine Office at 519-599-6771 ext 263 or alpine@georgianpeaks.com

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VISION | MISSION | VALUES

Vision: Alpine Programs of The Georgian Peaks Club will provide all participants with the opportunity to reach their full potential.

Mission: To create and deliver Ontario's best Alpine Programs through our established Long-Term Athlete Development Plan (LTAD) in a manner consistent with the Alpine Programs' Values.

Values: We provide programs that...

- are safe at all times
- are inclusive to all Club Members
- are fun



- promote respectful behaviour and sportsmanship
- support all participants' development goals
- instill a lifelong passion for the sport

The Georgian Peaks Club is a member of the Responsible Coaching Movement and is a Safe Sport club.

LONG-TERM DEVELOPMENT (LTD) PERSPECTIVE

Scientific evidence shows that children, youth, and adults will get active, stay active, and achieve optimal performance if they do the right things at the right time to develop in their sport or activity. There is an established framework for Long-Term Development (LTD) in sport and physical activity, which provides a clear pathway for what athletes need to be doing at specific ages and stages. Georgian Peaks' Alpine Programs are developed in accordance with the various stages identified in the Long-Term Development (LTD) framework and establish a solid foundation of skills and technical competency, support all participants' development goals, provide them with the opportunity to reach their full potential, and install a lifelong passion for the sport. For more information about Long-Term Development frameworks in various alpine sport disciplines, including an overview of technical, psychological, and physical competencies, click the direct web links below:

sportforlife.ca
alpinecanada.org
freestylecanada.ski
canadasnowboard.ca

GEORGIAN PEAKS PROGRAMS PATHWAY

The chart below gives a snapshot of Recreational and Competitive Programs by age, showing the pathways for Long-Term Development.

ALPINE PROGRAMS	*	Participant Age as of December 31, 2023																	
		2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19+
Private Lessons	R																		
U4 Bears (Ski)	R																		
U6 Bears (Ski)	R																		
U7 Bears (Ski)	R																		
Shredders (Snowboard)	R																		
All Mountain Program - Ski/Snowboard	R																		
Freestyle Ski/Snowboard	C																		
Ski Cross/Snowboard Cross	C																		
U10 Racing	C																		
U12 Racing	C																		
U14 SOD Racing	C																		
U14 & U16 OCUP	C																		
U16 & U19 SOD Racing	C																		
Adult Groups - Ski/Snowboard	R																		
Adult Racing	R																		
Adult House League (AHL)	C																		
Assistant Ski Instructor	R																		
Apprentice Snowboard Instructor	R																		
Volunteer	R																		

* R = Recreational C = Competitive

ABILITY LEVELS

Please register participants in the level which best describes their ability. If you feel the participant is between ability levels, choose the lower level for safety. Adjustments may occur during the program following assessment to best suit the participant's experience. The goal of our Alpine Programs is to develop participants' skills on a variety of terrain, and to successfully progress participants to higher ability levels and allow them to reach their full potential.

What is your current SKIING ability level?

A: BAY STREET. Have never skied and excited to try!

B: BAY STREET. Using basic snowplow (pizza! 🍕) for turns and stops on green terrain.

C: CHAMPLAIN. Linking snowplow turns on green terrain and using chairlifts confidently.

D: CHAMPLAIN, TOMAHAWK GLADE. Learning to ski parallel (french fries! 🍟) on green and easy blue terrain.

E: MINUTE MILE, ROGERS RUN. Skiing parallel confidently on intermediate blue terrain, exploring black runs.

F: MONSTER, WILSON'S WIGGLE. Advanced and expert skiing skills, comfortable on black runs. Free skis all mountain terrain, demonstrates park safety and etiquette.

G: FREESTYLE. Comfortable in park terrain and can perform basic freestyle tricks, including switch skiing, straight airs over small jumps and able to slide a small box.

H: FREESTYLE. Confident in park terrain, can spin 360's in multiple directions, working on rotations on boxes and rails.

What is your current SNOWBOARDING ability level?

A: BAY STREET. Have never snowboarded, time to try!

B: BAY STREET. Can slide left and right and change direction on green terrain, learning speed control.

C: CHAMPLAIN. Can link heelside and toeside turns on green terrain and use the chairlift without falling.

D: CHAMPLAIN, TOMAHAWK GLADE. Can link turns confidently on blue terrain and can ride switch on green terrain.

E: MINUTE MILE, ROGERS RUN. Can ride at greater speeds on all terrain, carve and perform flatland tricks on green runs. Confidently adapts riding skills to get board performance on blue runs.

F: MONSTER, OUTER RIM. Comfortably rides variable terrain (bumps, ice, powder). Demonstrates park safety/etiquette. Board performance in steeps/bumps, uses natural features to get air.

G: FREESTYLE: Comfortable in park terrain and can perform basic park tricks, including a 180 spin over small jumps, straight airs with grab over small jumps, and 50:50 on flat boxes.

H: FREESTYLE: Confident in park terrain, can spin 360's in multiple directions, working on rotations on boxes and rails.

PRIVATE LESSONS

Private Lessons are a popular choice for personalized targeted instruction and the quickest skill improvement from beginner to intermediate to advanced. Our Private Lessons (1:1 or multi-person) are offered at the Club in Ski, Snowboard and Freestyle disciplines for Members and their Guests of all ages. Premium Private Lessons are also available daily with Level 3 and 4 Instructors.

Lessons are either reserved online [here](#) or by calling 519-599-6771 ext 201 in advance, or offered the day of at the Member and Guest Services counter in the Main Lodge. Morning lessons are very popular so to avoid disappointment, book well in advance to guarantee spots. Lesson tickets need to be paid for and picked up from the Member and Guest Services counter prior to lesson time. Lessons can be charged to a Club account or paid by credit/debit card or cash. Prices below include HST. Once tickets are picked up, meet the Instructor at the Lesson Bell located on the west side of the Main Lodge by the stairs. Cancellations require **24 hours prior notice**, after which point the lesson will be charged.



LESSON TIMES:

SKI - 9:45am, 11:00am, 11:45am, 1:15pm

SNOWBOARD - 9:45am, 11:00am, 1:15pm

FREESTYLE - 10:00am, 1:00pm

SKI LESSONS - Ages 2+	COST (incl HST)
Ski Private 1hr (1 person)	\$100
Ski Private 1.5hr (1 person)	\$160
Ski Private 2hr (1 person)	\$190
Ski Privates 6 for 5 Package 1hr	\$500
Ski Privates 6 for 5 Package 1.5hr	\$800
Ski Privates 6 for 5 Package 2hr	\$950
Ski Private 1hr Multi-Person (2+ people)	\$65 each
Ski Private 1.5hr Multi-Person (2+ people)	\$80 each
Ski Private 2hr Multi-Person (2+ people)	\$100 each
Ski Private 1.5hr with CSIA* Level 3 Instructor	\$175
Ski Private 1.5hr with CSIA* Level 4 Instructor	\$200
Ski Private 1.5hr Multi-Person with Level 3 or 4	\$100 each

SNOWBOARD LESSONS - Ages 4+	COST (incl HST)
Snowboard Private 1hr	\$100
Snowboard Private 1hr Multi-Person (2+ people)	\$65 each
Snowboard Add Extra Hour	\$75 each
Snowboard Privates 6 for 5 Package 1hr	\$500
Snowboard Private 9wk Package 1hr	\$720
Snowboard Private 1.5hr with CASI** Level 3 or 4	\$200

** CASI - Canadian Association of Snowboard Instructors

FREESTYLE LESSONS - Ages 7+	*Min. Ability Level C+	COST (incl HST)
Freestyle Private 2hr		\$195
Freestyle Private 2hr Multi-Person (2+ people)		\$110 each
Freestyle Privates 6 for 5 Package 2hr		\$975
Freestyle Private 9wk Package 2hr		\$1545

* CSIA - Canadian Ski Instructors' Alliance

CHILDREN'S PROGRAMS

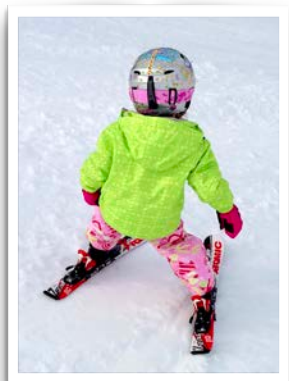
U4 BEARS

Ages 2 & 3 as of December 31, 2023

The U4 Bears Program is designed for our youngest skiers requiring special care. This 9 Week Program includes 1 hour of on-hill instruction at a ratio of up to 2:1, with additional support from volunteers. We offer two sessions on Saturdays and Sundays, the first at 9:45am and the second at 10:45am. Choose one day or both days, one session per day or both. Limited number of spots available. Ski poles are not needed. Children participating are to arrive at the U4 Bears Meeting Area fully dressed and prepared to ski. Nursery pick up and drop off is available for full season Nursery participants. Please contact Member Services for details.



U4 Bears playfully explore our beginner area and the Bay Street Chairlift using their 'pizza 🍕' for turns and stops, eventually progressing to linking snowplow turns on green terrain. Following their lessons, your little bears will be ready for some rest and hibernation!



U4 BEARS (SKI)	TIME	DAYS	DATES	COST before Nov 1	COST after Nov 1
Age 3 - 3 Day New Year's Camp	9:45-11:45am	Tue - Thr - AM only	Jan 2 to Jan 4	\$326	\$359
9 Week - Saturday 9:45am	9:45-10:45am	Sat - AM only	Jan 6 to Mar 2	\$500	\$550
9 Week - Saturday 10:45am	10:45-11:45am	Sat - AM only	Jan 6 to Mar 2	\$500	\$550
9 Week - Sunday 9:45am	9:45-10:45am	Sun - AM only	Jan 7 to Mar 3	\$500	\$550
9 Week - Sunday 10:45am	10:45-11:45am	Sun - AM only	Jan 7 to Mar 3	\$500	\$550
4 day Spring Camp* (ratio 3:1)	10:00-11:30am	Mon-Thr - AM only	Mar 11 to Mar 14	\$435	\$479

* Spring Camp is for U4 Bears who have completed the 9 Week Program only, subject to Program Supervisor's discretion

U6 BEARS

Ages 4 & 5 as of December 31, 2023

The U6 Bears 9 Week Program is a full-day program on Saturdays and a half-day program on Sunday mornings. This program is designed to improve your adventurous skiers in a fun and safe learning environment. With a ratio of up to 4:1, children will learn to slide, stop, turn, link turns with edging and progress to intermediate and some advanced terrain. Several U6 Bears will progress to advanced classes, training skills that focus more on black runs and varied terrain. Ski poles are required for all participants.



U6 Bears learn to control speed and work on skiing with 'french fries 🍟' on green and blue terrain to start. They love to play in the snow and like to explore various runs, Winnie's Trail and the Treehouse with their bear buddies.

5 year olds can also register for Friday Training for extra mileage (see page 23 for details).

U6 BEARS (SKI)	TIME	DAYS	DATES	COST before Nov 1	COST after Nov 1
5 Day Christmas Camp	9:30-11:30am & 12:30-2:30pm	Wed-Sun - AM & PM	Dec 27 to Dec 31	\$600	\$660
3 Day New Year's Camp	9:30-11:30am & 12:30-2:30pm	Tue-Thr - AM & PM	Jan 2 to Jan 4	\$360	\$396
9 Week Program	9:30-11:30am & 12:30-2:30pm	Sat - AM & PM Sun - AM only	Jan 6 to Mar 3	\$1385	\$1524
4 Day Spring Camp*	9:30-11:30am & 12:30-2:30pm	Mon-Thr - AM & PM	Mar 11 to Mar 14	\$480	\$528

*Spring Camp ratio is 5:1



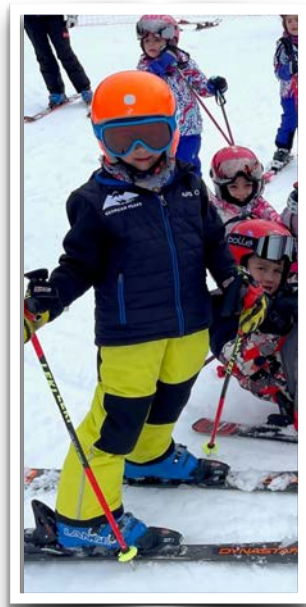
U7 BEARS

Age 6 as of December 31, 2023

The U7 Bears 9 Week Program is a full-day program on Saturdays and a half-day program on Sunday mornings. With a ratio of up to 8:1, the focus at age 6 is to prepare your kids for the Race Program or All Mountain Program when they turn age 7. U7 Bears will develop good edging control and link turns confidently to manage steeper terrain and varied conditions in a fun and safe environment. Ski poles are required for all participants. If more time on-hill is desired, we offer a Sunday PM Add-on option. Registration in the PM Add-on Program must accompany registration in the 9 Week Program. 6 year olds can also register for Friday Training for extra mileage (see page 23 for details).



U7 Bears are no strangers to cold and ice! They are stronger, more advanced bears that practice parallel skiing as the ultimate goal, pole planting, skiing brush courses and bumps, and riding the Poma lift on Riot.



U7 BEARS (SKI)	TIME	DAYS	DATES	COST	
				before Nov 1	after Nov 1
5 Day Christmas Camp	9:30-11:30am & 12:30-2:30pm	Wed-Sun - AM & PM	Dec 27 to Dec 31	\$565	\$622
3 Day New Year's Camp	9:30-11:30am & 12:30-2:30pm	Tue-Thr - AM & PM	Jan 2 to Jan 4	\$340	\$374
9 Week Program	9:30-11:30am & 12:30-2:30pm	Sat - AM & PM Sun - AM only	Jan 6 to Mar 3	\$1425	\$1568
9 Week Sunday PM Add-on	12:30-2:30pm	Sun - PM Add-on	Jan 7 to Mar 3	\$440	\$484
4 Day Spring Camp	9:30-11:30am & 12:30-2:30pm	Mon-Thr - AM & PM	Mar 11 to Mar 14	\$455	\$501

SHREDDERS

Ages 4 to 7 as of December 31, 2023

The Shredders Program is a half-day program in the mornings. Small group snowboard lessons with a maximum 2:1 ratio ensure personalized and enthusiastic instruction, creating a fun and positive experience for our youngest members as they learn to slide sideways. Experienced instructors will introduce riders to the sport through games and activities, teaching basic mobility and direction control on beginner slopes. As riders become mobile and can ride independently, we consolidate fundamental movement skills through games and mileage, exploring various trails and terrain at the Club. If more time on-hill is desired, we offer a Saturday PM Add-on option. Registration in the PM Add-on Program must accompany registration in the 9 Week Program.



SHREDDERS (SNOWBOARD)	TIME	DAYS	DATES	COST	COST
				before Nov 1	after Nov 1
4 Day Christmas Camp	9:30-11:30am	Thr - Sun AM only	Dec 28 to Dec 31	\$237	\$261
3 Day New Year's Camp	9:30-11:30am	Tue-Thr - AM only	Jan 2 to Jan 4	\$178	\$196
9 Week Program AM only	9:30-11:30am	Sat & Sun- AM only	Jan 6 to Mar 3	\$1066	\$1173
9 Week Saturday PM Add-on	12:30-2:00pm	Sat - PM Add-on	Jan 6 to Mar 2	\$400	\$440
4 Day Spring Camp	9:30-11:30am	Mon-Thr - AM only	Mar 11 to Mar 14	\$237	\$261

ALL MOUNTAIN PROGRAM

Ages 7 to 14 as of December 31, 2023

Discover the ultimate skiing and snowboarding adventure with the All Mountain Program (AMP!). Designed to embrace every aspect from groomed runs to bumps, speed to style, and beyond, this program offers a transformative experience for participants to enhance their skills and forge lifelong friendships in a positive and supportive group. Led by our team of experienced All Mountain Pros who specialize in various disciplines, participants receive engaging terrain-based instruction tailored to each unique environment. For those looking for more time on snow or who want to ski AND ride, we offer Saturday and Sunday PM Add-on options. Registration in the PM Add-on Program must accompany registration in the 9 Week Program.




ALL MOUNTAIN PROGRAM	TIME	DAYS	DATES	COST	
				before Nov 1	after Nov 1
5 Day Christmas Camp	10am-12:00pm & 1:00-2:30pm	Wed-Sun - AM & PM	Dec 27 to Dec 31	\$340	\$374
3 Day New Year's Camp	10am-12:00pm & 1:00-2:30pm	Tue-Thr - AM & PM	Jan 2 to Jan 4	\$205	\$226
9 Week Program - AM only	10am-12:30pm	Sat & Sun - AM only	Jan 6 to Mar 3	\$900	\$990
9 Week Saturday PM Add-on	1:30-3:00pm	Sat - PM Add-on	Jan 6 to Mar 2	\$270	\$297
9 Week Sunday PM Add-on	1:30-3:00pm	Sun - PM Add-on	Jan 7 to Mar 3	\$270	\$297
4 Day Spring Camp	10am-12:00pm & 1:00-2:30pm	Mon-Thr - AM & PM	Mar 11 to Mar 14	\$275	\$303

Ages 10 to 18 as of December 31, 2023

Elevate your skiing or snowboarding skills with our competitive Freestyle or Cross Teams. Designed for athletes aged 10 to 18 (with a minimum Ability Level of F), these programs specialize in Speed or Style disciplines and support athletes at three local interclub competitions. Experience fun and safe training with personalized progressions and dedicated coaching support, while building friendships, boosting confidence, and mastering discipline-specific skills.


Led by experienced and qualified coaches, our full-season programs consist of approximately 35 days of coach-supported training. This includes a 5-day Christmas Camp, a 3-day New Year's Camp, and three days of training per week (Fri-Sun) throughout the 9-week regular season. For those not ready to commit to the whole season, the Spring Camp is the perfect opportunity to try the next step in your competitive journey. Additional on-snow and conditioning camps are available during the off-season and are highly recommended for athletes aged 13+ aiming to progress towards provincial-level competitions.

Please note that program fees do not include event registration fees, travel costs, or lift tickets at other locations. A provincial sport-body membership is included in the cost. Athletes unable to attend certain portions of the program will be provided credit with advance notice: Christmas Camp = \$200 credit, New Year's Camp = \$120 credit, Friday training = \$360 credit.



**What is Freestyle Skiing/
Snowboarding?**

Freestyle is a discipline that uses natural and artificial features such as moguls, rails, jumps, boxes, handrails, half-pipes, and other obstacles to perform aerial maneuvers and tricks.



**What is Ski Cross/
Snowboard Cross?**

Ski Cross / Snowboard Cross is a discipline that involves aspects of ski racing and free skiing, where competitors race side by side down a sloped course that features jumps and banked curves.

FULL-SEASON PROGRAMS	TIME	DAYS	DATES	COST before Nov 1	COST after Nov 1
Freestyle Ski Team	9:00-11:30am & 12:30-3:00pm	Fri-Sun + 2 Camps	Dec 27 to Mar 3	\$3545	\$3899
Freestyle Snowboard Team	9:00-11:30am & 12:30-3:00pm	Fri-Sun + 2 Camps	Dec 27 to Mar 3	\$3545	\$3899
Ski Cross Team	9:00-11:30am & 12:30-3:00pm	Fri-Sun + 2 Camps	Dec 27 to Mar 3	\$3545	\$3899
Snowboard Cross Team	9:00-11:30am & 12:30-3:00pm	Fri-Sun + 2 Camps	Dec 27 to Mar 3	\$3545	\$3899

4-DAY SPRING CAMPS	TIME	DAYS	DATES	COST before Nov 1	COST after Nov 1
Freestyle Ski Spring Camp	9:30-11:30am & 12:30-2:30pm	Mon-Thr	Mar 11 to 14	\$325	\$358
Freestyle Snowboard Spring Camp	9:30-11:30am & 12:30-2:30pm	Mon-Thr	Mar 11 to 14	\$325	\$358
Ski Cross Spring Camp	9:30-11:30am & 12:30-2:30pm	Mon-Thr	Mar 11 to 14	\$325	\$358
Snowboard Cross Spring Camp	9:30-11:30am & 12:30-2:30pm	Mon-Thr	Mar 11 to 14	\$325	\$358



RACING PROGRAMS

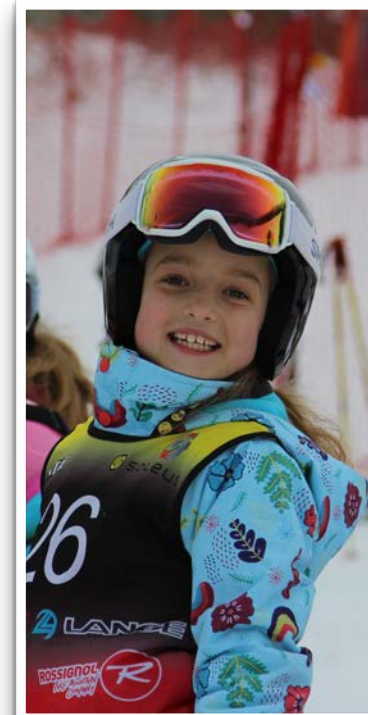
U10 RACING Ages 7 to 9 as of December 31, 2023

The U10 Racing Program focuses on developing strong skiing skills in a FUN learning environment. Athletes are grouped together by age and gender. U10 athletes will race in three events throughout the season at the Peaks (age 7) and/or across the Escarpment (ages 8 & 9), as an introduction to racing outside the Club. U10 athletes will focus on gate training, skill development and terrain features including the terrain park.

This program is for young skiers who wish to race within the guidelines of Alpine Canada's Long-Term Athlete Development (LTAD) pathway, including the Skier Essentials and Learn to Train stages. The goal is to start building strong technical skiers. All athletes participating in Georgian Peaks Racing Programs must complete their Alpine Ontario (AOA) Waiver and pay their AOA membership fees prior to the start of programs. Please go to www.alpineontario.ca to complete.

Weekday Training is available and encouraged for extra mileage, but not mandatory.

Optional Pre-season Camp: Tremblant - December 10-15, 2023.



U10 RACING	TIME	DAYS	DATES	COST	COST
				before Nov 1	after Nov 1
5 Day Christmas Camp	9:30-11:30am & 12:30-3:30pm	Wed-Sun - AM & PM	Dec 27 to Dec 31	\$440	\$484
3 Day New Year's Camp	9:30-11:30am & 12:30-3:30pm	Tues-Thr - AM & PM	Jan 2 to Jan 4	\$265	\$291
9 Week Program	9:30-11:30am & 12:30-3:30pm	Sat & Sun - AM & PM	Jan 6 to Mar 3	\$1685	\$1853
4 Day Spring Camp	9:30-11:30am & 12:30-3:30pm	Mon-Thurs - AM & PM	Mar 11 to Mar 14	\$350	\$385

U12 RACING Ages 10 &11 as of December 31, 2023

The U12 Racing Program focuses on developing strong skiing skills in a FUN learning environment. Groups will be comprised of athletes of similar skills and ages.

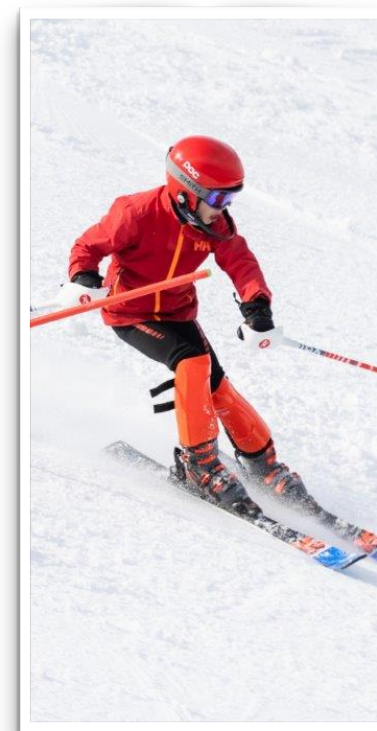
U12 athletes will race in four races throughout the season at various Clubs in the area and across the Escarpment, as well as invitational events based on club quota. U12 athletes will focus on gate training, skill development and terrain features to create positive outcomes.

This program is for ski racers who wish to compete within the guidelines of Alpine Canada's Long-Term Athlete Development (LTAD) pathway, focused on the Learn to Train stage. The goal is to continue to build strong fundamentals for young athletes.

All athletes participating in Georgian Peaks Racing Programs must complete their Alpine Ontario (AOA) Waiver and pay their AOA membership fees prior to the start of programs. Please go to www.alpineontario.ca to complete.

Weekday Training is available and encouraged for extra mileage, but not mandatory.

Optional Pre-season Camp: Tremblant - December 10-15, 2023.



U12 RACING	TIME	DAYS	DATES	COST	COST
				before Nov 1	after Nov 1
5 Day Christmas Camp	9:30-12:30am & 1:30-3:30pm	Wed-Sun - AM & PM	Dec 27 to Dec 31	\$440	\$484
3 Day New Year's Camp	9:30-12:30am & 1:30-3:30pm	Tue-Thr - AM & PM	Jan 2 to Jan 4	\$265	\$291
9 Week Program	9:30-12:30am & 1:30-3:30pm	Sat & Sun - AM & PM	Jan 6 to Mar 3	\$1685	\$1853
4 Day Spring Camp	9:30-12:30am & 1:30-3:30pm	Mon-Thurs - AM & PM	Mar 11 to Mar 14	\$350	\$385

U14 SOD RACING Ages 12 & 13 as of December 31, 2023

Introduction to competitive team racing in a FUN environment with four to six races throughout the season.

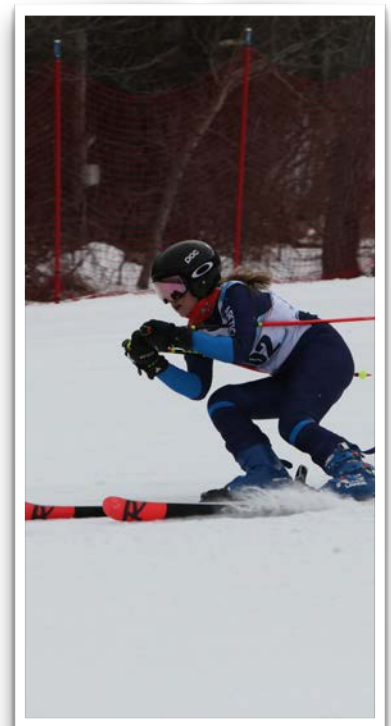
Athletes will continue to build on their skiing skills, GS, Slalom, Intro to Ski Cross and drills. U14 athletes will also focus on skill development and be exposed to terrain features including the terrain park. The goal is to transfer training skills into a competitive environment. At the U14 level, athletes can make the decision to move to the Southern Ontario Division (SOD) stream that focuses on weekend training and racing, or join OCUP, an enhanced program with a greater overall commitment. The decision to race OCUP is made in the spring time before the athletes' first season in U14.

This program is for ski racers who wish to compete within the guidelines of Alpine Canada's Long-Term Athlete Development (LTAD) pathway, focused on the Train to Train stage.

All athletes participating in Georgian Peaks Racing Programs must complete their Alpine Ontario (AOA) Waiver and pay their AOA membership fees prior to the start of programs. Please go to www.alpineontario.ca to complete.

Weekday Training is available and encouraged for extra mileage, but not mandatory.

Optional Pre-season Camp: Tremblant - December 10-15, 2023.



U14 SOD RACING	TIME	DAYS	DATES	COST	COST
				before Nov 1	after Nov 1
5 Day Christmas Camp	9:00am-12:30pm & 1:30-3:30pm	Wed-Sun - AM & PM	Dec 27 to Dec 31	\$440	\$484
3 Day New Year's Camp	9:00am-12:30pm & 1:30-3:30pm	Tue-Thr - AM & PM	Jan 2 to Jan 4	\$265	\$291
9 Week Program	9:00am-12:30pm & 1:30-3:30pm	Sat & Sun - AM & PM	Jan 6 to Mar 3	\$1685	\$1853
4 Day Spring Camp	9:00am-12:30pm & 1:30-3:30pm	Mon-Thurs - AM & PM	Mar 11 to Mar 14	\$350	\$385

U16 SOD RACING Ages 14 to 15 as of December 31, 2023

U16 SOD Racing is for athletes training and competing on weekends during the 9 Week Program (January-March) with optional Thursday/Friday Training. Athletes in U16 SOD Racing will train in co-ed groups at Georgian Peaks every weekend during the 9 Week Program. The focus is on FUNdamentals of ski training and skill development, transferring training skills to the competitive environment. Four to six races are scheduled on weekend days at various clubs across the escarpment.

Athletes will continue to build on their skiing skills, GS, Slalom, Intro to Ski Cross, and drills, and be exposed to varied terrain to continue with skill development. The goal is to transfer training skills and performance into the competitive environment, along with making life-long skiing friends.

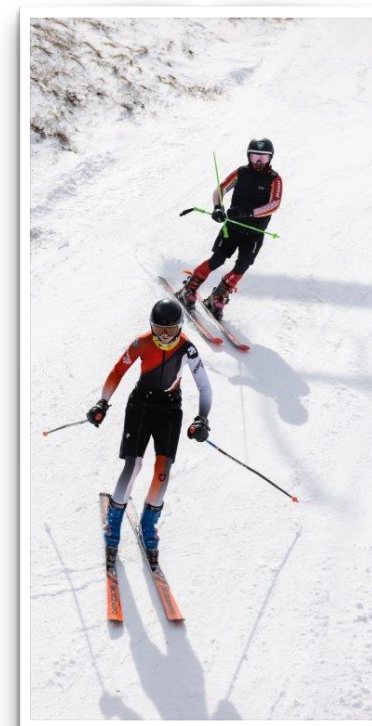
This program is for athletes who wish to compete within the guidelines of Alpine Canada's Long-Term Athlete Development (LTAD) pathway, focused on the Train to Train stage.

All athletes participating in Georgian Peaks Racing Programs must complete their Alpine Ontario (AOA) Waiver and pay their AOA membership fees prior to the start of programs. Please go to www.alpineontario.ca to complete.

Weekday Training is available and encouraged for extra mileage, but not mandatory.

Optional Pre-season Camp: Tremblant - December 10-15, 2023.

HST note: All registrations for athletes age 15 or older as of December 31, 2023 will be subject to HST.



U16 SOD RACING	TIME	DAYS	DATES	COST	COST
				before Nov 1	after Nov 1
5 Day Christmas Camp	9:00am-12:30pm & 1:30-3:30pm	Wed-Sun - AM & PM	Dec 27 to Dec 31	\$440	\$484
3 Day New Year's Camp	9:00am-12:30pm & 1:30-3:30pm	Tue-Thr - AM & PM	Jan 2 to Jan 4	\$265	\$291
9 Week Program	9:00am-12:30pm & 1:30-3:30pm	Sat & Sun - AM & PM	Jan 6 to Mar 3	\$1685	\$1853
4 Day Spring Camp	9:00am-12:30pm & 1:30-3:30pm	Mon-Thurs - AM & PM	Mar 11 to Mar 14	\$350	\$385

U19 SOD RACING Ages 16 to 18 as of December 31, 2023

U19 SOD Racing is for athletes training and competing on weekends during the 9 Week Program (January-March) with optional Thursday/Friday Training. Athletes will train in co-ed groups at Georgian Peaks every weekend, and may train with U16 SOD racers, depending on enrollment. They will continue to build on their skiing skills, GS, Slalom, Intro to Ski Cross, and be exposed to varied terrain to continue with skill development. Four to six races are scheduled on weekend days at various clubs across the escarpment.

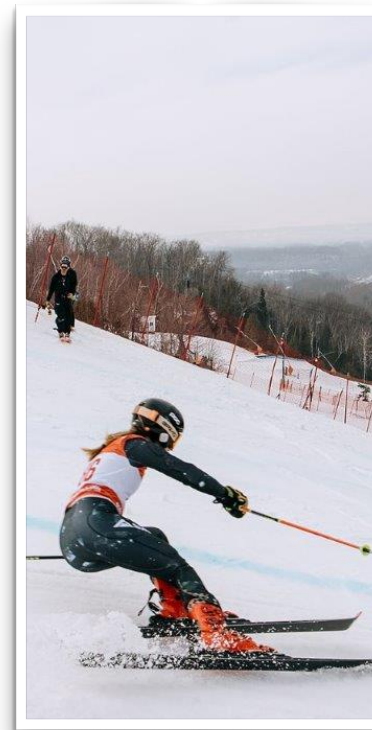
This program is suitable for athletes who would like to continue to race through high school but may not be ready to pursue a full FIS (Federation of International Skiing) program. U19 athletes may participate in FIS and National Points competitions throughout the season, which are held across the province. This allows athletes to choose their competition calendar to fit their availability and academic needs. Those participating in FIS competitions will require a Provincial FIS registration through Alpine Ontario (AOA), and will pay race entry fees and coaching fees/expenses for these events.

All athletes participating in Georgian Peaks Racing Programs must complete their Alpine Ontario (AOA) Waiver and pay their AOA membership fees prior to the start of programs. Please go to www.alpineontario.ca to complete.

Weekday Training is available and encouraged for extra mileage, but not mandatory.

Optional Pre-season Camp: Tremblant - December 10-15, 2023.

HST note: All registrations for athletes age 15 or older as of December 31, 2023 will be subject to HST.



U19 SOD RACING	TIME	DAYS	DATES	COST before Nov 1	COST after Nov 1
5 Day Christmas Camp	9:00am-12:30pm & 1:30-3:30pm	Wed-Sun - AM & PM	Dec 27 to Dec 31	\$440	\$484
3 Day New Year's Camp	9:00am-12:30pm & 1:30-3:30pm	Tue-Thr - AM & PM	Jan 2 to Jan 4	\$265	\$291
9 Week Program	9:00am-12:30pm & 1:30-3:30pm	Sat & Sun - AM & PM	Jan 6 to Mar 3	\$1685	\$1853
4 Day Spring Camp	9:00am-12:30pm & 1:30-3:30pm	Mon-Thurs - AM & PM	Mar 11 to Mar 14	\$350	\$385

ADULT PROGRAMS

ADULT GROUPS - SKI Ages 16+ Adult Groups for skiers from beginner to expert - all levels welcome! Join our Ski School Pros for exciting weekly ski lessons, exploring all the Peaks' terrain. Register for **WOMEN'S GROUP** or **MEN'S GROUP** or **"CARV" GROUP**. Sign up for our 6 Week Flex Program and attend the Bonus Day 7 on Feb 24 for a Dual Slalom Race, Make up Lesson and Après Social to celebrate the completion of Adult Programs! Drop-ins also available daily. All program prices are subject to HST.



New! Sign up for the Women's Group on Sundays to enjoy ESPRESSO Sundays! Join our female Ski School Pros for a complimentary ESPRESSO at the Bay Street Bar before heading out to explore all the Peaks' terrain.

"CARV" groups are 2-3 skiers with a CARV trained pro for those who have CARV wearable technology (footbeds and clip-on packs) to assess skiing metrics and provide analytical feedback for improvement. To purchase equipment go to getCARV.com.



BEYOND THE GATES Program - This program focuses on technical free skiing outside of the gates with top certified CSIA Level 4 Instructor Dave Bader and other high level Pros, covering all terrain and conditions with an individually focused skills framework to maximize your performance and enjoyment.

ADULT GROUPS - SKI	TIME	DAYS	DATES	COST before Nov 1	COST after Nov 1
3 Day New Year's Camp	9:45-11:45am	Tue-Thr - AM only	Jan 2 to Jan 4	\$300	\$330
6 Week Flex Program - Women's or Men's Group	9:45-11:45am	Sat <u>or</u> Sun - AM only	Sat: Jan 13 to Feb 17 Sun: Jan 14 to Feb 18	\$550	\$605
6 Week CARV Group (using own CARV wearable device)	9:45-11:45am	Sat <u>or</u> Sun - AM only (incl skill tracking app)	Sat: Jan 13 to Feb 17 Sun: Jan 14 to Feb 18	\$550	\$605
Beyond the Gates 6 Week Flex	10:00am-12:00pm	Sat <u>or</u> Sun - AM only	Sat: Jan 13 to Feb 17 Sun: Jan 14 to Feb 18	\$550	\$605
Adult Groups - Ski Drop-in	9:45-11:45am	Sat <u>or</u> Sun - AM only	Sat: Jan 13 to Feb 17 Sun: Jan 14 to Feb 18	\$100 per day	\$100 per day

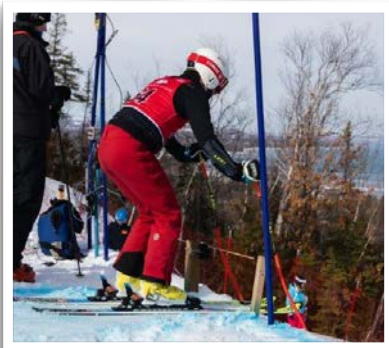
ADULT RACING Ages 16+ Are your kids skiing faster than you?? Adult Gates is the solution!! Join us Saturday mornings training GS (giant slalom) gates in a moderate to advanced terrain environment, focusing on line and tactics. Sign up for our 6 Week Flex Program and attend the Bonus Day 7 Feb 24 (Dual Slalom Race, Après Social) to celebrate the completion of Adult Programs! Drop-ins also available daily. All program prices are subject to HST.

ADULT RACING	TIME	DAYS	DATES	COST before Nov 1	COST after Nov 1
Adult Gates Sat 6 Week Flex	10:00am-12:30pm	Sat AM	Jan 13 to Feb 17	\$550	\$605
Adult Gates Drop-in	10:00am-12:30pm	Sat AM	Jan 13 to Feb 17	\$100 per day	\$100 per day



ADULT HOUSE LEAGUE (AHL) Ages 19+ AHL is an inclusive team-based adult ski racing league for first-time racers to ex-Olympians. The focus is on having fun! Never raced? No problem, this house league is for everyone! AHL offers 6 races, 2 social events and is limited to 130 participants. AHL is for those looking to improve their racing skills or get back into racing after some time away or for anyone looking for camaraderie and fun in the gates. Race schedule will be released at the Calcutta in January. Adult Time Trials are on December 30, 2023. All program prices are subject to HST.

ADULT HOUSE LEAGUE (AHL)	TIME	DAYS	DATES	COST before Nov 1	COST after Nov 1
Adult House League (AHL)	Races start 1:30pm	1 on Sat + 5 on Sun	TBA	\$260	\$285



INTERCLUB RACING- For information or to sign up for Adult Interclub Racing, please contact: alpine@georgianpeaks.com

ADULT GROUPS - SNOWBOARD Ages 16+ Supercharge your all-mountain skills with expert instructors in a positive and experiential-based session. Group training focuses on individuals' goals utilizing exciting terrain features, including rollers, bumps, jumps and berms at the discretion of the group and Instructor. Drop-in for a session, or sign up for the 6 Week Flex to attend your choice of 6 out of 7 days offered. Get ready to send it like never before! All program prices are subject to HST.

ADULT GROUPS - SNOWBOARD	TIME	DAYS	DATES	COST	COST
				before Nov 1	after Nov 1
3 Day New Year's Camp	9:30-11:30am	Tue-Thr	Jan 2 to Jan 4	\$300	\$330
6 Week Flex	9:30-11:30am	Sat AM	Jan 13 to Feb 24	\$540	\$594
Adult Groups - Snowboard Drop-in	9:30-11:30am	Sat AM	Jan 13 to Feb 24	\$100/day	\$100/day



WEEKDAY TRAINING

Gain extra mileage and feedback from Instructors & Coaches, working on technical skills, freestyle and/or gates where applicable, during Weekday Training sessions. Offered on select dates throughout the season - register for one, multiple or all. **Register for Weekday Training by noon Wednesday each week.**

THURSDAYS - Jan 11, Jan 18, Jan 25, Feb 1, Feb 8, Feb 15, Feb 22, Feb 29. *For U10-U19 SOD only: Mar 7*

FRIDAYS - Jan 12, Jan 19, Jan 26, Feb 2, Feb 9, Feb 16, Feb 23, Mar 1. *For U10-U19 SOD only: Mar 8, Mar 15, Mar 22*

* Limited availability on two dates due to Ladies' Day / Men's Day Events.

Please note: Weekday Training registration opens late December. Registrations must be received by Wednesday noon deadline each week. We assign staff based on registration at that time. After the deadline, any changes to program registration impact our staffing ratios and administrative logistics. Therefore, registrations received after the Wednesday noon deadline are subject to availability and a late fee of 2x Cost. Any changes or cancellations received before 3pm the day before training will be accommodated for a \$25 admin fee. Any changes or cancellations received after 3pm the day before training will not be accommodated and the full cost will be charged. Minimum enrollment numbers required to run weekday training sessions. Cost is billed upon registration, based on participant age as of December 31, 2023. All registrations for participants age 15 or older will be subject to HST.

AGE 5 / 6 SKI TRAINING - Advanced (minimum Ability Level E) 5 / 6 year olds join Yarek & Pros for some extra days on snow preparing for the Race Program using brushies. Kids must use ski poles and be able to competently ride the lifts and ski black runs.

AGE 5 / 6 SKI TRAINING	TIME	DAYS	DATES	COST
Age 5 / 6 Ski Training	9:45-11:45am & 12:45-2:45pm	Fridays - AM & PM	Fridays Jan 12 - Mar 8	\$100/day

U10 - U19 SOD RACE TRAINING - Take advantage of extra midweek training to polish up technical skills and gain extra mileage.

U10 - U19 SOD RACE TRAINING	TIME	DAYS	DATES	COST
U10 - U19 SOD Race Training	9:00am-12:00pm & 1:00-3:00pm	Thr & Fri - AM & PM	Dates listed above	\$85/day

ALL MOUNTAIN TRAINING Ages 7 to 18 - For skiers and snowboarders wanting extra coach support and to refine technical skills for improved all mountain performance.

ALL MOUNTAIN TRAINING	TIME	DAYS	DATES	COST
All Mountain Training Full Day	9:00-11:30am & 12:30-3:00pm	Fri - AM & PM	Dates listed pg. 23	\$100/day
All Mountain Training 1/2 Day	12:30-3:00pm	Fri - PM only	Dates listed pg. 23	\$50/day

ADVANCED ADULT SNOWBOARD TRAINING - Accelerate mastery of the sport in advanced terrain, including steeps, carving, bumps, gates and park to set up for a solid weekend shred. Minimum Ability Level D required.

ADVANCED ADULT SNOWBOARD TRAINING	TIME	DAYS	DATES	COST
Advanced Adult Snowboard Training	1:00-2:30pm	Fri - PM only	Fridays listed on pg. 23	\$60/day

ADULT GATE TRAINING - Friday afternoon gate training, running laps on Race Grade or from Coyote Start or Eagles Nest on occasion, with coaching tips & feedback from popular Pros such as Tazz and Dave and some guest coaches throughout the season like Tomaz or Martha.

ADULT GATE TRAINING	TIME	DAYS	DATES	COST
Adult Gate Training 6 Week Program	1:00-3:00pm	Fri - PM only	Jan 12 - Feb 23 (excl Feb 9)	\$400
Adult Gate Training	1:00-3:00pm	Fri - PM only	Jan 12 - Feb 23 (excl Feb 9)	\$100/day



OTHER PROGRAMS

ASSISTANT SKI INSTRUCTOR (ASI) Ages 13 - 15 as of December 31, 2023 - A very popular way to start a first job with The Peaks! For teen skiers who previously raced or participated in programs and would like to join the Ski School for the season and teach children, as a Club Certified Assistant to begin. ASI's participate in an extensive training program throughout January, leading up to their Level 1 Canadian Ski Instructors' Alliance (CSIA) Certification (1 day exam on Feb 19). After passing their Level 1 exam, Assistants are promoted to an Instructor position. They work in our popular Children's Programs and receive an hourly wage and additional staff training each weekend. As "Staff", a Ski School uniform jacket (one-time purchase) is required. Parents will not have to pay annual Club membership dues for their child if the entire 9 Week Program is worked. Members interested in this position are encouraged to sign up by December 1, by contacting JT-Jon Tischuk, Ski School Director JT@georgianpeaks.com.



ASSISTANT SKI INSTRUCTOR (ASI)	TIME	DAYS	DATES	COST
Assistant Ski Instructor (ASI)	Sat 8:10am-2:30pm Sun 8:10am-1:30pm	Sat & Sun	December to March	n/a

SKI SCHOOL VOLUNTEER Ages 13+ as of December 31, 2023 - For skiers from teen to adult who would like to volunteer & assist with the Ski School for the early season. Tasks are safety based, assisting young children on the Bay Street chairlift. Our dedicated Volunteers are big contributors to the magic! Gain new friends, some practical experience and qualify for high school volunteer hours. Volunteer for the first four weekends or the full season. Those who volunteer for the full season will be exempt from paying annual Club membership dues. Members interested are encouraged to sign up by December 15, by contacting JT-Jon Tischuk, Ski School Director JT@georgianpeaks.com.

SKI SCHOOL VOLUNTEER	TIME	DAYS	DATES	COST
Volunteer for first 4 Weekends	9:30-11:45am <u>or</u> 12:30-2:30pm	Sat - AM <u>or</u> PM; Sun - AM only	Jan 6 to Jan 28	n/a
Volunteer for full season	9:30-11:45am <u>or</u> 12:30-2:30pm	Sat - AM <u>or</u> PM; Sun - AM only	Jan 6 to Mar 3	n/a



OTHER PROGRAMS

APPRENTICE SNOWBOARD INSTRUCTOR **Ages 14 & 15** as of December 31, 2023 - Ignite your potential and embark on an incredible opportunity for aspiring snowboarders. If you're a skilled teen snowboarder who can confidently turn or have a competitive background, and you have a genuine desire to teach children, join us as an Apprentice Snowboard Instructor this season. Apprentices will undergo intensive training that will prepare them to take either the Canadian Association of Snowboard Instructors (CASI) Level 1 Instructor course, or Canada Snowboard's Competition Introduction Coach Course. Apprentices that complete either of these courses will be promoted to Instructor or Coach positions.

Working with our popular All Mountain program, Apprentices have the option to get paid or collect volunteer hours, and will receive additional training each weekend. To be recognized as Staff, a one-time purchase of the staff uniform is required. As an added benefit, Apprentices will be exempt from paying annual Club membership dues. Secure your spot by December 1 by contacting James McCrimmon, All Mountain Program and Teams Director, at James@georgianpeaks.com

APPRENTICE SNOWBOARD INSTRUCTOR	TIME	DAYS	DATES	COST
Apprentice Snowboard Instructor	8:10am-12:30pm	Saturdays & Sundays	December to March	n/a



To register for Alpine Programs, visit: www.georgianpeaks.com/Alpine_Programs

Questions? Please contact the Alpine Office at 519-599-6771 x263 or email alpine@georgianpeaks.com



Tomaz Senk, ChPC
Director of Alpine
Programs & Head Coach



JT - Jon Tischuk
Ski School Director



James McCrimmon
All Mountain Program
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Martha Lee
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